



THE Bistr

AT THE BEACH 

Leisure Lunch

Our Executive Chef invites you to discover the subtle balance of flavours, which have influenced the creation of each dish. Every effort has been made to incorporate local products and the freshest ingredients.



THE Bistr

AT THE BEACH



LIQUIDS

| | |
|---|-----|
| Minestrone (v) Garden vegetable broth, parmesan and garlic bread | 190 |
| Pumpkin (v) Roasted pumpkin cream soup with house bread | 190 |
| Tom Juad (v) Egg tofu, garden vegetable, fries garlic, spring onion | 190 |
| Tom Kha Gai Chicken breast, galangal & lime leaf infused coconut broth | 200 |
| Tom Yam Goong (gf) Tiger prawns, local spices and lime | 250 |



APPETIZERS & SALADS

| | |
|---|-----|
| Avocado Salad (n) (vegan) Mixed leaf, avocado, arugula, pomegranate, almond, with lemon dressing | 240 |
| Caesar (p) Baby romaine, crisp bacon, soft boiled egg, anchovy and parmesan | 280 |
| Akami Tuna Carpaccio (gf) Pomelo & pomegranate lemon zest dressing, Thai herbs | 380 |
| Salmon Tatar (gf) (raw) Atlantic salmon, shallot, rice powder, kaffir lime, coriander, and banana crisps | 310 |
| Arancini Italian fries risotto with spice beef ragout, cheese, basil and garlic aioli | 280 |
| Taste of World (p) Jamon serrano with melon, Italian salami, cheese and olive | 420 |
| Yam Som-O Tiger prawns, pomelo, coriander, tamarind dressing | 240 |
| Som Tam Gai Yang (n) Green papaya salad, grilled chicken, peanuts, tomato and dried shrimp | 240 |
| Larb Gai(gf) Authentic mince chicken breast salad, coriander, shallot and mint | 210 |
| Por Pia Thod (v) Deep-fry homemade vegetable spring roll with plum sauce | 190 |
| Satay Gai Grilled marinated chicken skewer, cucumber salad and peanuts sauce | 190 |

(v) vegetarian – (n) contains nuts – (p) contains pork – (gf) gluten free

All prices are in Thai Baht and are subject to a 10 % service charge and 7% government tax




WELLNESS

| | |
|--|-----|
| Dragon Bowl (raw) Soba noodles, pomelo, raw vegetables, nori, soy sesame dressing | 220 |
| With grilled tofu | 230 |
| With yellow fin tuna sashimi | 310 |
| Raw- These selections adhere to the philosophies behind living food and raw food diets, rich in nutrients and high in living enzymes | |
| Strawberry Gazpacho (v) Tomato and cucumber salad and herb grissini | 190 |
| Fresh spring roll (v) Soft fresh rice spring roll with garden herb, carrot, cucumber salad | 190 |
| Quinoa (v) Tomatoes, beet, shallot, apple walnut flat bread | 220 |
| Wild Rice (v) Shallot, lemon zest, avocado, tomatoes and arugula | 220 |



WRAP & BURGER

| | |
|---|-----|
| Caesar Wrap (p) Baby romaine, chicken, crisp bacon, anchovy and parmesan | 390 |
| Quesadilla (v) Grilled vegetable, tomatoes, cajun, cheddar, mayo | 390 |
| Club Sandwich (p) Grilled chicken, bacon, egg, cheddar, mayo | 390 |
| Farmer breads Open sandwich with whole grain, smoked salmon, cream cheese, caper | 420 |
| Pulled Pork Bun (p) Brioche, pear slaw, siracha mayo | 350 |
| Angus Beef Burger Romaine, cheddar, pickles, tomato jam | 390 |

(v) vegetarian – (n) contains nuts – (p) contains pork – (gf) gluten free

All prices are in Thai Baht and are subject to a 10 % service charge and 7% government tax




PIZZA

| | |
|---|-----|
| Tom Yam Shrimp, spicy chili paste, mushroom and coriander | 380 |
| Margherita Pizza (v) Fresh mozzarella, vine tomato, basil | 350 |
| Hawaiian (p) Fresh mozzarella, pineapple, ham, vine tomato, basil | 350 |
| Jamon Serrano Pizza (p) Dried tomato, wild rocket, oregano, parmesan | 420 |



WOK FRIED

| | |
|---|-----|
| Phad Thai Goong (n) Stir fried rice noodles with tiger prawns, bean sprouts, and tamarind | 310 |
| Kao Phad Saparot (n) Fried rice with chicken breast, cashew nuts, spices, served in pineapple shell | 290 |
| Pad Kaprow Gai/Moo Minced chicken or pork, hot basil, chilli, garlic, fried egg | 280 |
| Gai Pad Med Ma Muang (n) Stir fried chicken breast pieces, pineapple, cashew nuts, roasted chili jam | 320 |
| Kao Phad Goong Minced chicken or pork, hot basil, chilli, garlic, fried egg | 290 |
| Kao Phad Nasi Goreng Spicy fries rice with prawn, chicken skewer, shrimp cracker, fried egg | 320 |
| Pad Kee Mao Talay Hot and spice spaghetti with seafood, green pepper corn, soya sauce | 390 |



PASTA & RISOTTO

| | |
|---|-----|
| Pumpkin Risotto (gf) (n) (p) Pumpkin puree, dried ham, pumpkin seeds, parmesan | 290 |
| Spaghetti Bolognese (n) Tomato & beef ragout, pesto and pamesan | 290 |
| Lobster Tail Linguini fresh tomato, rock lobster chili, basil, white wine | 420 |
| Penne Arrabbiata Tomato ragout, olive, chili flak, basil, parmesan | 290 |

(v) vegetarian – (n) contains nuts – (p) contains pork – (gf) gluten free

All prices are in Thai Baht and are subject to a 10 % service charge and 7% government tax



MAINS

| | |
|--|-----|
| Pork Spare Rib | 590 |
| Folk tender Kurobuta spare rib, fries and salad | |
| BBQ chicken (gf) (n) | 390 |
| Capsicum ratatouille, garlic, pomelo salsa, mustard coffee sauce | |
| Pan Roasted Phangan Sea Bass | 490 |
| Pearl barley, spinach, garden cress, almond meuniere | |
| Fish n Chips | 390 |
| Herb panko crumbed, green salad, Japanese mayo | |
| Sirloin steak 200g | 720 |
| Charcoal grilled Aus beef sirloin, fries, mushroom, beef jus | |



ON THE SIDE

130

| |
|---|
| Potato fries, catchup and mayonnaise |
| Grilled Broccoli, almond tarator, parmesan (v) (n) |
| Mixed Leaf Salad, shaved pear, pomegranate, lemon dressing (v) (gf) |
| Potato Mash, sour cream & chives (v) (gf) |
| Potato Roasted, sour cream & chives (v) (gf) |
| Charred Baby Corn, manchego, chili oil (v) (gf) |

(v) vegetarian – (n) contains nuts – (p) contains pork – (gf) gluten free

All prices are in Thai Baht and are subject to a 10 % service charge and 7% government tax




SOMETHING SWEET

| | |
|--|-------------|
| Thousand Layers | 190 |
| Poach Pear (n) Orange syrup, cinnamon, vanilla ice cream | 190 |
| Mango Cheese Cake (n) Mango salsa, coconut jel, pistachio crumble | 190 |
| The Oasis (n) Coconut sago, white chocolate, mango gel, young coconut granite | 190 |
| Banana Dreaming (n) Palm sugar caramel, chocolate peanut fudge, coconut ice cream | 190 |
| Kanom Mo Gaeng Jasmine infused mung bean cake, palm sugar, coconut ice cream | 190 |
| Kao Niaw Ma Muang (n) Mango cheeks, sticky rice, coconut cream | 190 |
| Cheese (n) Selection of 3 cheeses, fig compote, walnuts, lavash | 390 |
| Frozen | 150 / scoop |
| Coffee ice cream | |
| Chocolate ice cream | |
| Coconut ice cream | |
| Vanilla bean ice cream | |
| Mango ice cream | |
| Tiramisu ice cream | |
| Pineapple sorbet | |
| Lime sorbet | |

(v) vegetarian – (n) contains nuts – (p) contains pork – (gf) gluten free

All prices are in Thai Baht and are subject to a 10 % service charge and 7% government tax